



Assisted Living

Residents carry on their vital and engaging lifestyle—yet they enjoy a safe and secure environment with richer support for daily activities such as bathing, dressing, medication management, mobility and more. Experienced and professional associates help, while retaining your dignity and independence. Plus, our communities excel at providing an excellent active and social environment where seniors can meet and mingle with others in the same stage of life.

You'll live comfortably and enjoy your daily routine, all while benefitting from housekeeping and nutritious meals, attention to hygiene and healthcare—an escape from the daily burdens of life, without the stress of regular chores or household tasks.

When you might consider Assisted Living:

- Daily tasks of living are a challenge. Mobility issues may be common. Access to medical care may be a chore. Are you isolated and lacking social engagement? Missing a connection with individuals at a similar life stage? Our professionals make the transition easier.
- Ready to give up the stress. The daily to-do list can be a thing of the past. Remove the burden, retain the freedom to focus on the enjoyment of life—activities with friends, entertainment, nutritious food and common experiences with fellow residents.
- Transportation is a challenge. We have scheduled transportation to nearby shopping and dining options—plus trips to medical appointments as needed. Still driving? Not a problem at most of our communities. Keep your car.
- You're ready for help—but you're still active. Our residents bring personal belongings and furnish their new space like their home. You'll feel comfortable and at ease in one, two or three bedroom accommodations with your partner.



Have questions?

Contact us—we're happy to help, provide a tour, and give you a glimpse into the Assisted Living experience. You may not know what level of care you need—and that's why we're here. Let us help with an assessment.

A PEGASUS SENIOR LIVING™ COMMUNITY

Services vary by location. Consult the community for details.
Pegasus Senior Living™ is a trademark of Pegasus Senior Living, LLC. Dallas, TX, USA 75205





Independent Living

More time to focus on what you love and the opportunity to set aside what you're ready to give up. That's the promise of independent living in one of our communities. It's the ability to prepare your own meals and the freedom to enjoy restaurant-style dining. It's the pride in tending to a household or a garden, with the option to give up housekeeping, laundry, transportation needs and more.

Consider an independent living community and the option to:

- Set aside home maintenance and yard work.
- Enjoy social events and recreation with old friends and new ones.
- Mingle in a vibrant community with the company of others in a similar stage of life.
- Benefit from minor assistance with 24/7 on-call staff members.

Enjoy the fullness of life in one of our independent living communities thanks to the engaging programming our associates plan, working with you, to inspire hospitality, wellness and full engagement of mind, body and spirit. Plus, family members are welcome to enjoy our amenities and activities alongside our residents—from holiday to holiday and every day in between.

When you might consider Independent Living:

- Is a feeling of isolation creeping into your day-to-day routine? Are you having more trouble connecting with family and friends? It's normal for mobility to become more difficult, for visits to family and friends to become more infrequent. Independent living may offer opportunities to overcome some of these transitions.

- Home maintenance—burden or hobby? Building and maintaining a household is a source of considerable pride, but at some point, you may be ready to set some of that aside. Our communities offer opportunities to hold onto your labors of love—and drop the ones that are just plain laborious.
- How is your health? Consider making the transition to independent living now, while you're healthy and vigorous. Get ahead of health issues that may worsen over time. A facility that offers a continuum of care gives you assurance and comfort that your community won't change—even as your needs do.



Have questions?

That's normal and we're here to help. Contact a Pegasus Senior Living associate for assistance in determining whether now is the time for independent living or another senior living option.

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Memory Care

Our Memory Care communities are carefully designed to meet your needs and those of our residents. Each resident is defined by their individuality and entitled to a life of meaning, wellness and vitality—regardless of their diagnosis. We provide a safe environment for activities such as gardening, kitchen work, and other projects that use meaningful life skills and individual talents.

Maybe the journey began with increasingly common memory lapses or a series of more serious “senior moments.” But Alzheimer’s and dementia are serious conditions with far-reaching effects on the resident and all their loved ones. The next steps are fraught with questions and emotions.

You are not alone. We are here to support you through the emotional whirlwind—and provide you the space and the comfort to take care of yourself without guilt. A diagnosis involving brain disease can be a blow, but Pegasus professionals know that the dignity and support for the patient and their family are paramount.

The Dining Experience—Our expert culinary team members and registered dietitians provide a unique dining experience that sustains the resident’s enjoyment and mastery of dining. Memory-friendly menus provide diverse food offerings that are both nutritious and help to prevent weight-loss. Selections are easy to manage, familiar and appealing to the senses. Personalized dining assistance evaluates each resident’s need for prompting of utensil assistance, with a focus on preserving a resident’s utensil use for as long as possible. Supportive dining environments incorporate small dining rooms with consistent seating to support the challenges of those with memory loss. This

encourages familiarity and socialization, and assigns resident care assistants to support the individual needs of the residents. The dining experience is enhanced with music, colorful centerpieces and fresh table linens.

You may have been caring for a loved one’s decline into dementia for some time. As a caregiver, you may be drained and exhausted. Don’t drive yourself to the point where you have nothing left to give. Look for support, guidance and an opportunity to recharge and gain perspective.

Providing exceptional Memory Care is a complex task that requires ongoing guidance and instruction for our associates. We focus on proper techniques and interactive care of persons with memory loss. Established protocols enable associates to intervene when challenging behaviors resulting from memory loss arise. This holistic-community philosophy is the key that empowers all associates to identify the resident’s unmet needs and provide an appropriate solution.



Have questions?

Contact us for a tour, and an individualized assessment of your needs. See how we can guide your loved one through this most challenging time of their life—and yours.

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Services & Amenities

Services

Assistance with personal needs including dressing, bathing and toileting

Licensed nurse available

Registered nurse on-call, 24 hours a day

Negotiated Personalized Service Plan

Medication assistance

Personal care assistance available 24/7

Ongoing monitoring of resident's health status

Weekly housekeeping services

Personal laundry services

Linen services

Three freshly-prepared, nutritious and appetizing meals served daily

Dedicated dietary team

Anytime-dining from 7:00 am - 6:30 pm

Snacks/beverages available throughout the day

Room service available

Daily events or outings

Scheduled transportation services available

Incontinence care/management

Short-term stay options available

Specialized services, including weight management, nutrition tracker and falls management

Respite care available

Coordination of hospice care available

Ancillary services including pet care, in-room food service and errand running

Personal check-ins throughout the day

Ambulation and escort services

Ongoing memory care training and support for staff

Accommodation Styles

Private suite

Private suite/shared bath

Private deluxe suite

Companion suite

Studio

One bedroom

Two bedroom

Accommodation Features

Wall-to-wall carpeting and vinyl

Window coverings

Individually controlled heating

Kitchenette with:

- Refrigerator
- Microwave
- Sink

Telephone hookup

Cable hookup

Basic cable included

Walk-in closets in Alcoves

Step-in shower with safety bars and folding bench

Walk-in shower

Patio/balcony in select apartments

Small pets welcome

Cordata Court

A PEGASUS SENIOR LIVING™ COMMUNITY

4415 Columbine Drive, Bellingham, WA 98226
 P: 360.302.4496 F: 360.715.8818
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Services & Amenities

Amenities

Specially designed environment for individuals with memory loss

All exterior doors alarmed for resident safety

Handicap accessibility

Emergency response system

Fully equipped fire safety and sprinkler systems

Outdoor walking paths

Outdoor gardening areas with raised beds

Recreation and activity room

Library with computers and Internet access

Spacious family room for social gatherings

Fully enclosed sun room

Full-service dining room

Private dining room for special celebrations

Full-service salon offering hair styling, manicures and facials

Washers and dryers available for personal use

Located near shopping and fine dining

Convenient to public transportation

Cordata Court

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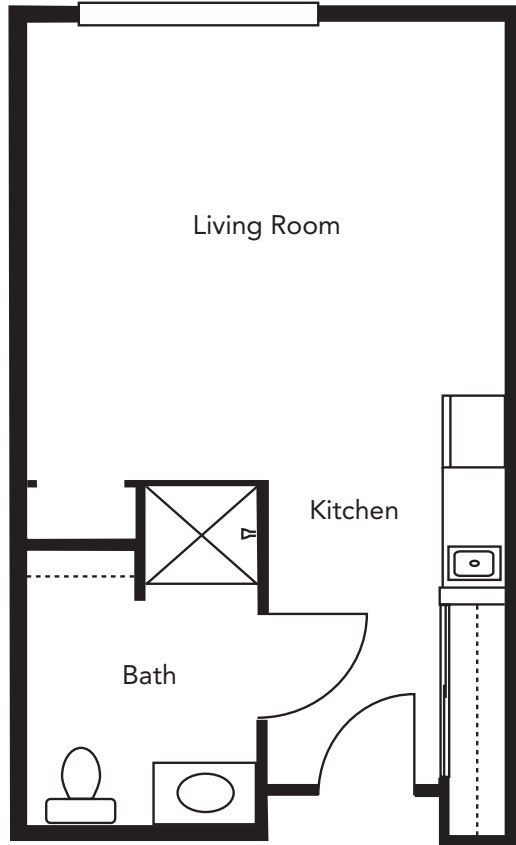


Floor Plans

Assisted Living

Studio A

348 sq. ft.



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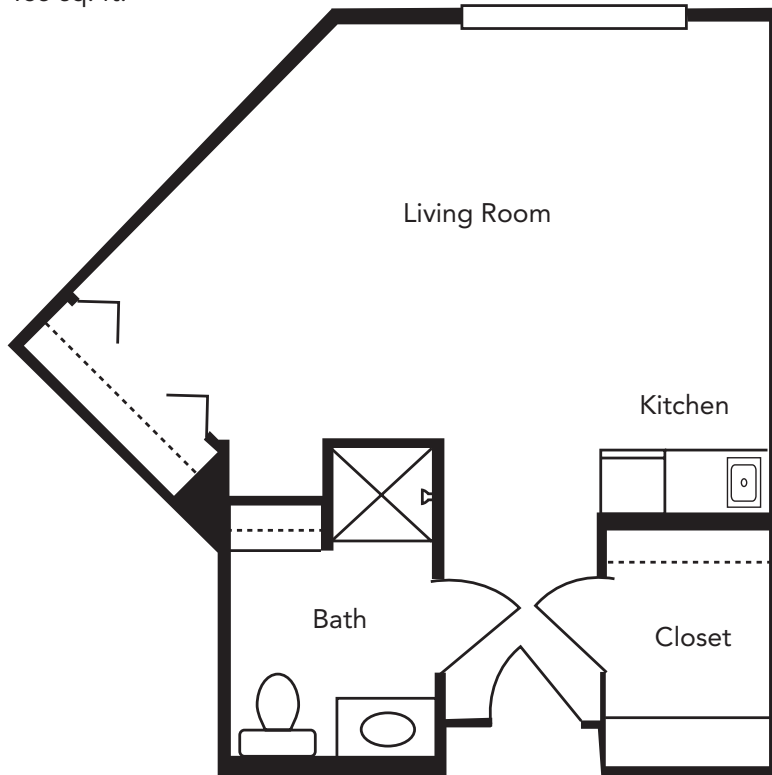


Floor Plans

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Studio Alcove B

485 sq. ft.



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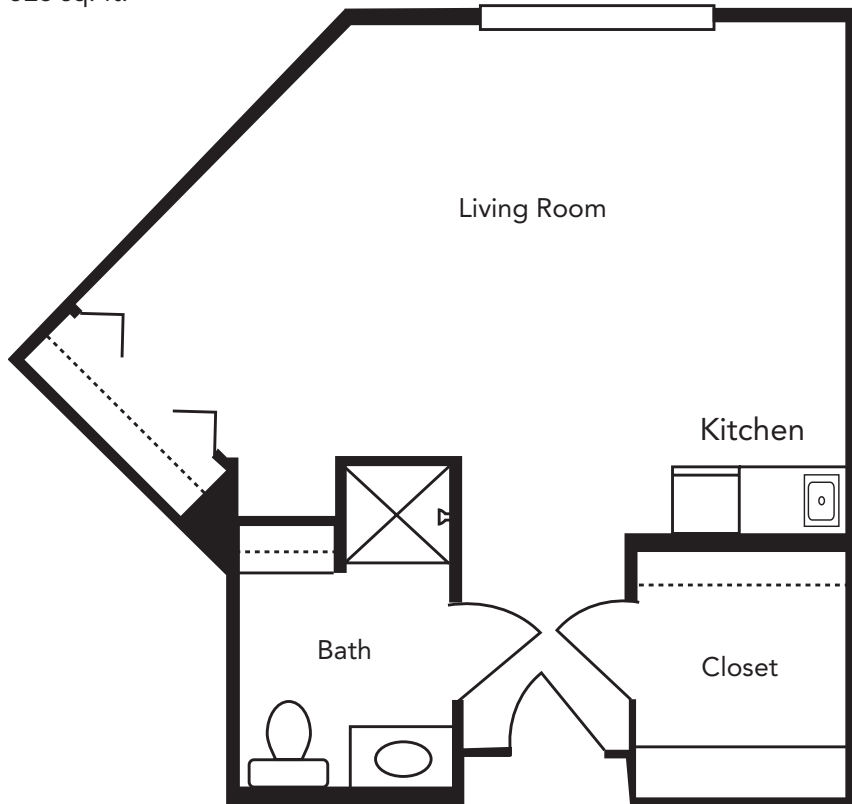


Floor Plans

Assisted Living

Studio Alcove C

528 sq. ft.



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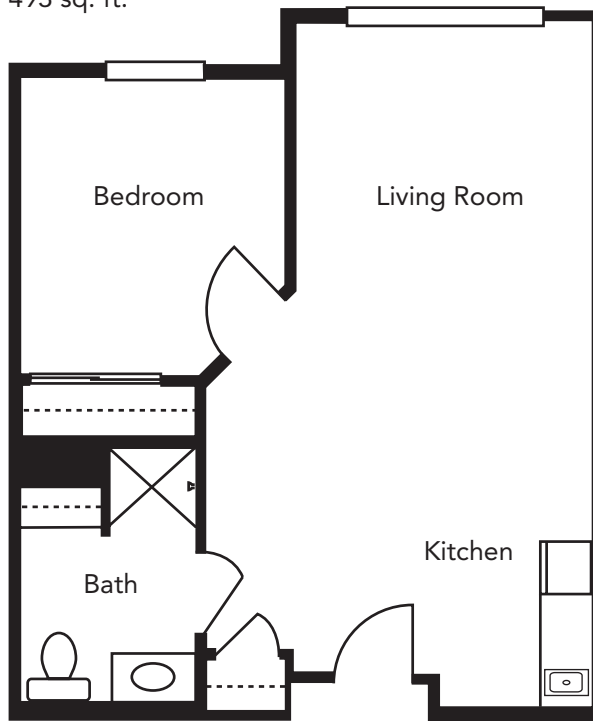


Floor Plans

Assisted Living

One Bedroom H

493 sq. ft.



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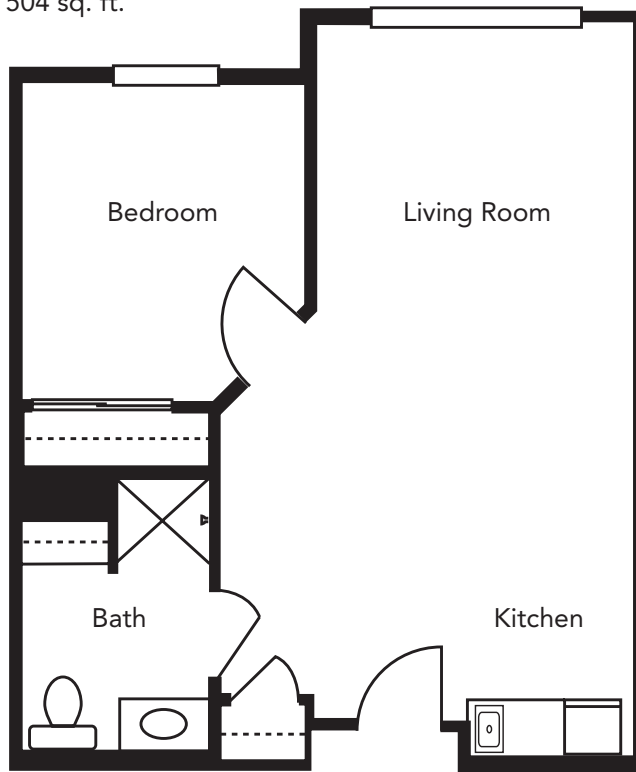


Floor Plans

Assisted Living

One Bedroom E

504 sq. ft.



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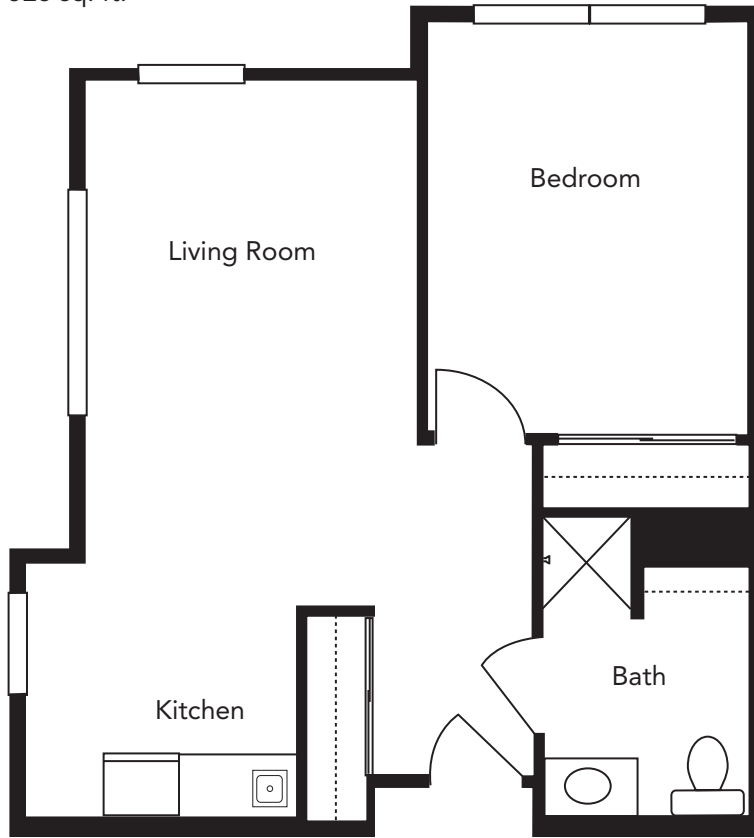


Floor Plans

Assisted Living

One Bedroom D

528 sq. ft.



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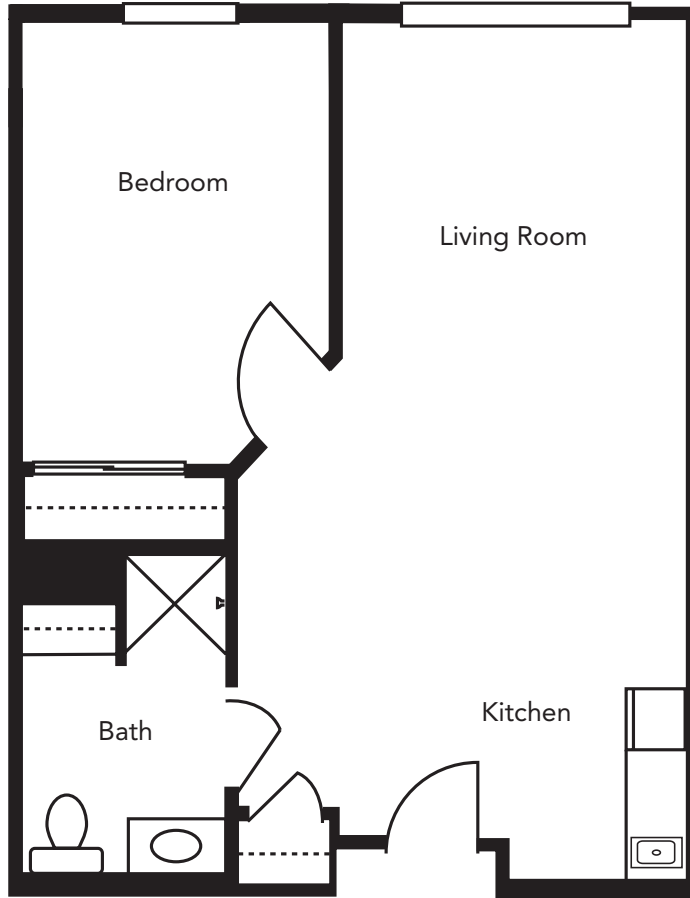


Floor Plans

Assisted Living

One Bedroom G

540 sq. ft.



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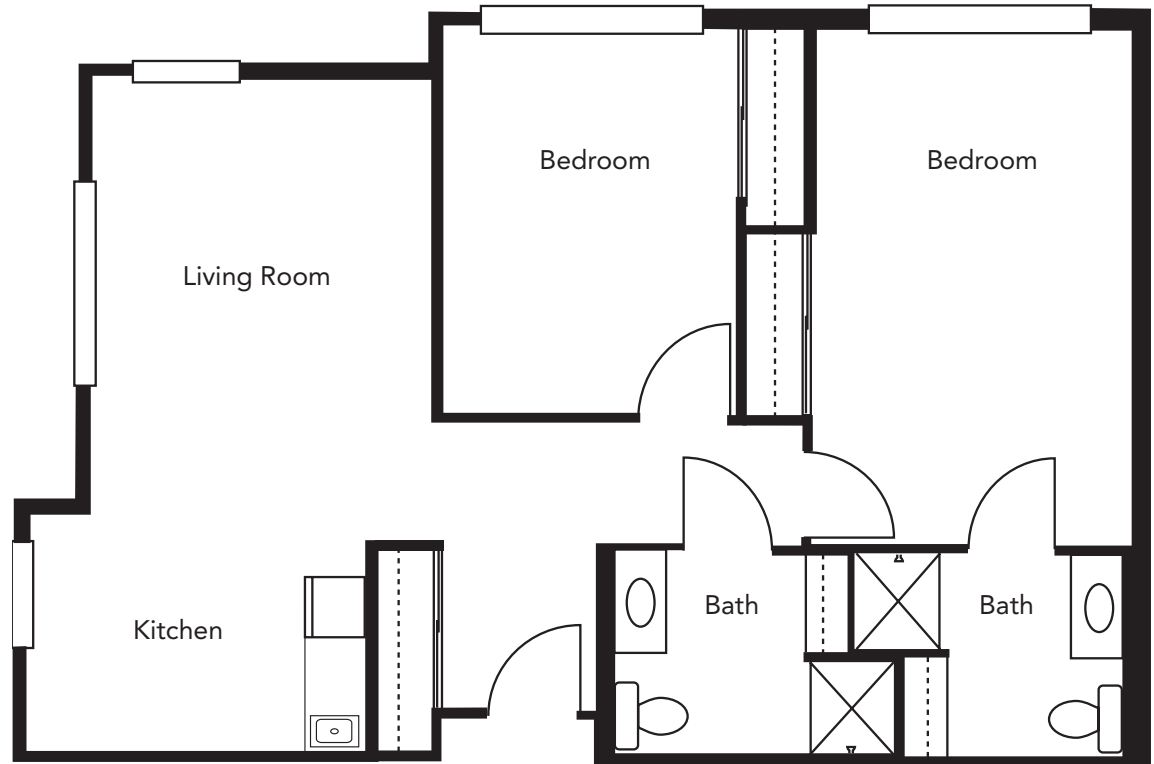


Floor Plans

Assisted Living

One Bedroom F

864 sq. ft.



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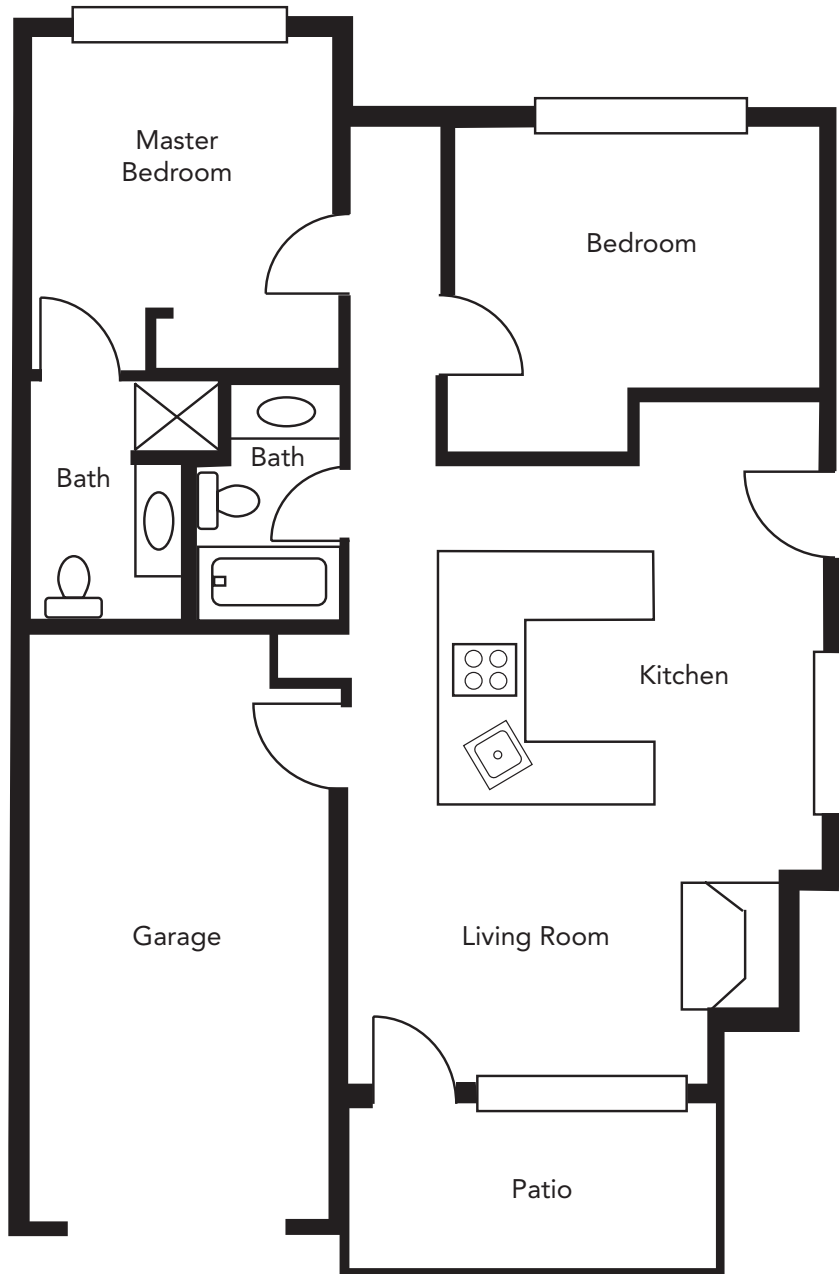


Floor Plans

Independent Living

Cottage I

1,012-1,165 sq. ft.



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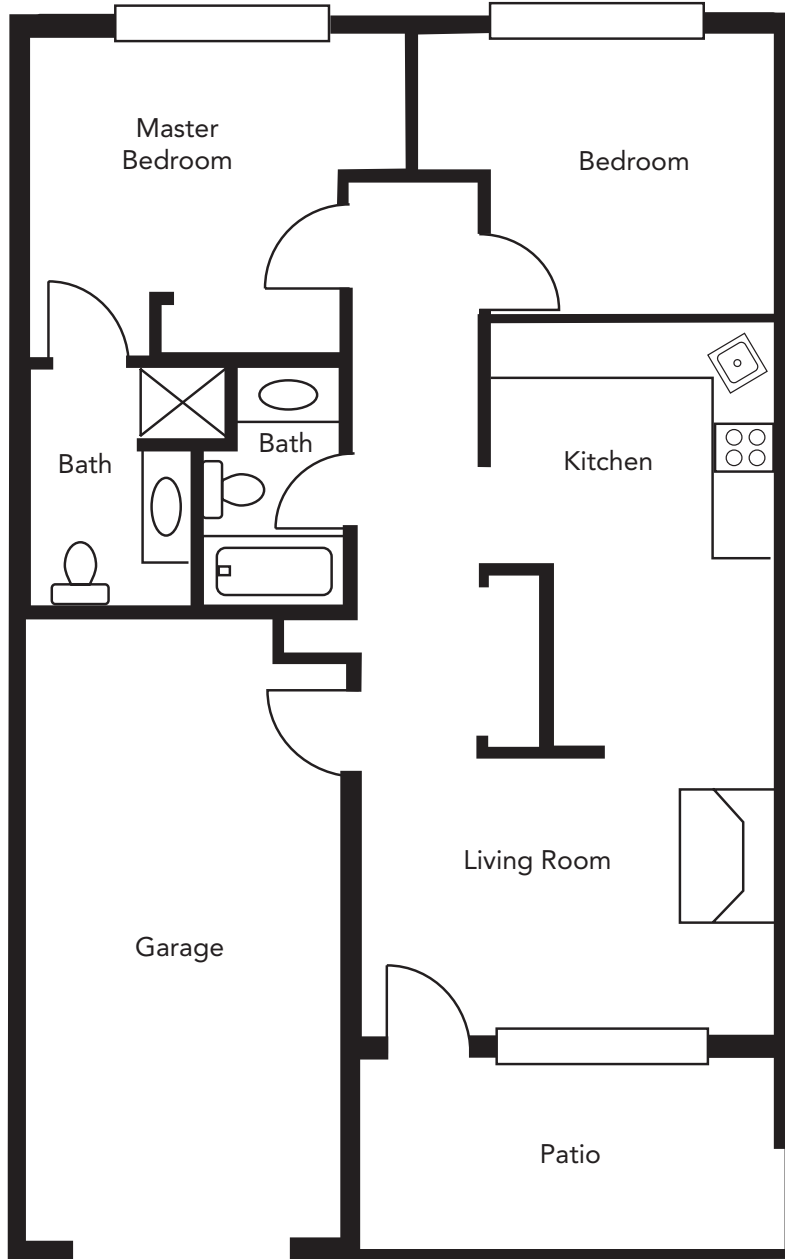


Floor Plans

Independent Living

Cottage J

1,012-1,165 sq. ft.



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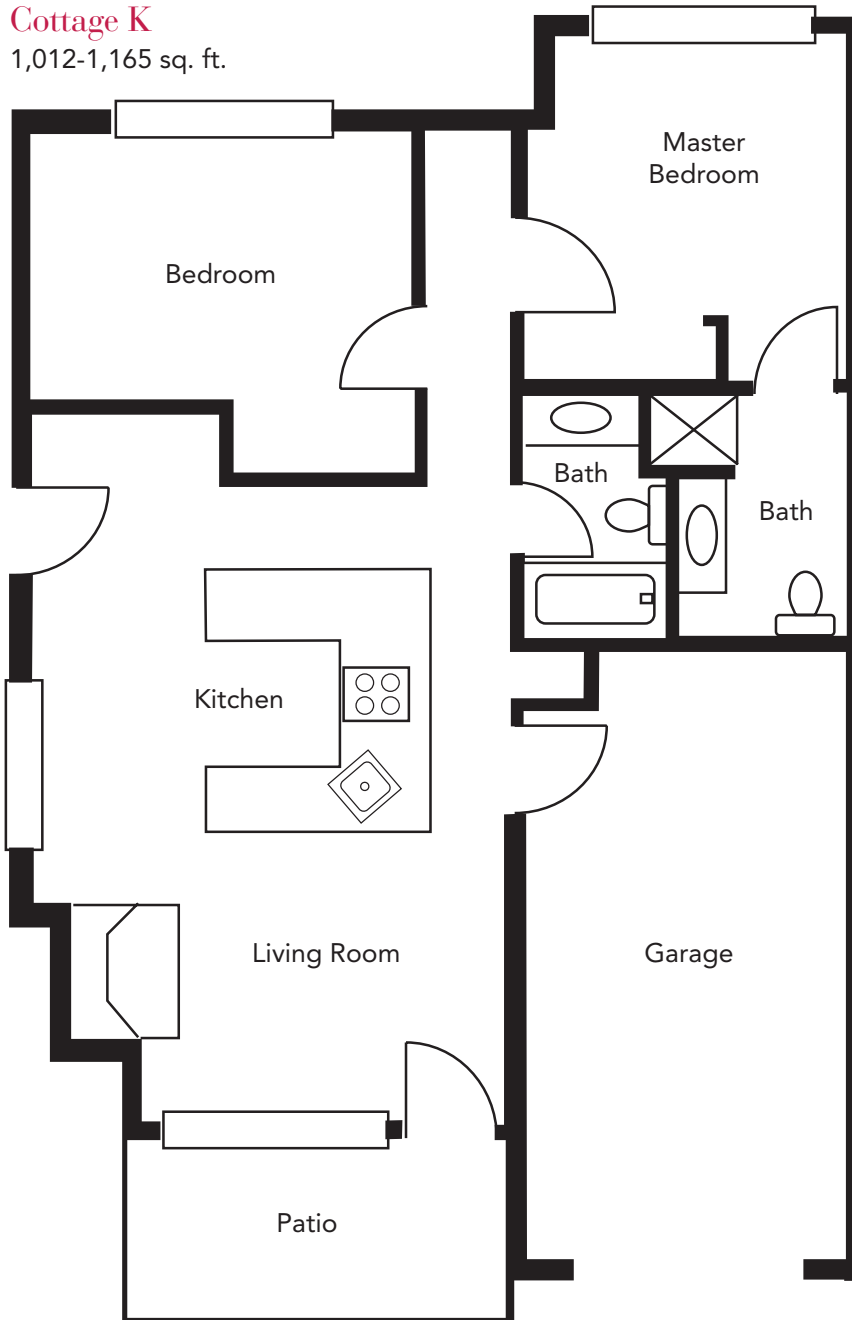


Floor Plans

Independent Living

Cottage K

1,012-1,165 sq. ft.



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